

We cater for private functions too (including parties, graduations and Christmas).

Please contact ULU Conferences on 020 7664 2020/ 2021 www.ulumeetingrooms.co.uk



IFOOD GLORIOUS FOOD

Lunch Menu

Served from 12pm - 3pm Monday - Friday (during term-time)

How to order:

- 1. Order at the bar
- 2. You will be given a receipt with your number keep it safe!
- 3. 'DING DONG'! Make your way to the service hatch when your number appears.

University of London Union

www.ulu.co.uk

Pasta & Pizza

Tiger prawns arrabiata £5.95

Tiger prawns sautéed with garlic and chilli, tossed with rigatoni pasta in a spicy tomato and herb sauce. Served with garlic bread.

Spicy beef meat balls (H) £5.95

Meat balls in a spicy tomato and roasted red pepper sauce on linguine pasta. Served with Parmesan cheese and garlic bread.

Wild mushroom rigatoni (V) £5.50

Rigatoni pasta in a creamy mushroom, spinach, parmesan cheese and white wine sauce. Served with garlic bread.

11-inch thin and crispy stone baked pizza

Margherita (v) £4.50

Sunblush tomatoes, mozzarella cheese and pesto.

Diavola £4.75

Red onion, fresh chilli, Roquito peppers and spicy pepperoni sausage.

BBQ chicken (H) £4.75

Roasted red pepper, red onion and shredded bbg chicken.

Spicy meat feast £5.95

Spicy beef, pepperoni, Cajun chicken, Roquito peppers, red chillies and jalapenos.

Funghi (V) £4.75

Sautéed mushroom, roasted red pepper, spinach and rosemary.

Mozzarella garlic bread (V)

Pizza base smothered with garlic butter topped with a choice of:

mozzarella £2.50

mozzarella and balsamic onions £2.95



Thai green chicken curry (H) (GF) **£5.25**Tender pieces of chicken cooked with Thai spices and

coconut milk. Served with steamed rice.

Japanese beef curry (kare raisu) (H) £5.95 Served with steamed rice.

Teriyaki chicken and noodle stir-fry (H) £5.95

Tender pieces of chicken in teriyaki sauce with soft egg noodles and stir-fried vegetables.

Tofu and vegetable stir-fry with chilli and mint (V) £4.95 Served on soft egg noodles.

Chilli con carne (H) £5.50

Served with basmati rice, tortilla chips, soured cream and cheddar cheese.

Vegetable bean chilli (V) £4.95

Served with basmati rice, tortilla chips, soured cream and cheddar cheese.

On the side...

Beer battered onion rings £1.95 | Baguette and butter £1.00 | Bowl of chips £1.75 | Curly fries £1.95 | Caesar salad side £2.95 | Mixed side salad £2.95 | Pitta bread and houmous (V) £2.50

I'm hot...

Choice of dips (50p each): Burger relish | Sweet chilli dip | Salsa | BBQ | Soured cream | Guacamole | Blue cheese dressing | Vinaigrette | Louisiana hot sauce | Tartare | Garlic mayonnaise.



All served with Chips (Change your chips to curly fries for 50p extra)

Beef burger (H) £4.95

Grilled 100% beef burger, served with crisp lettuce, red onion and relish.

Chicken burger (H) £4.95

Grilled butter-flied breast of Cajun spiced chicken. Served with crisp lettuce, red onion and chilli mayonnaise.

Spicy bean burger with cheese (V) £3.95

Blend of beans and vegetables coated in breadcrumbs and deep-fried, with Monterey Jack Cheese, served with crisp lettuce, red onion and salsa.

Cheesy vegetable burger (V) £3.95

Blend of vegetables and cheese coated in breadcrumbs and deep-fried, topped with Monterey Jack Cheese, served with crisp lettuce, red onion and mayonnaise.

Filet of fish burger £4.95

Deep fried cod filet with cheddar cheese on crisp lettuce with tartare sauce.

Extras 75p

Turkey bacon rasher (H), Monterey Jack Cheese, jalapeno peppers



Soup and salad (V) £3.75

Cup of homemade soup served with salad (choice of mixed leaf or mini Caesar) and bread.

Fish and chips £5.95

Deep fried battered cod with chips and tartare sauce.

Scampi and chips £4.95

Whole-tail breaded scampi served with chips and tartare sauce.

Crispy fried chicken goujons and chips £4.95 With BBQ sauce and salad garnish.

Calamari squid rings and chips £4.95

With sweet chilli dipping sauce and salad garnish.

Hot and spicy chicken wings £4.95

Crispy chicken wings served with celery sticks, blue cheese dressing and Louisiana hot sauce.

Loaded potato skins with cheese and turkey rasher bacon (H) (GF) £4.50 Served with BBQ sauce.

Loaded potato skins with cheese and jalapenos (V) (GF) £3.95
Served with soured cream and chives.

Wraps

All served with Chips (Change your chips to curly fries for 50p extra)

Spicy deluxe cheeseburger in a grilled tortilla wrap (H) £6.50

100% beef burger with Roquito chilli peppers, sautéed mushrooms and Monterey Jack Cheese in a grilled tortilla wrap. Served with salad garnish and spicy tomato relish.

Vegetable chilli, bean and cheese in a grilled tortilla wrap (V) £4.95 Roasted vegetables, beans, chilli, Monterey Jack Cheese, refried beans and red onion in a grilled tortilla wrap. Served with salad garnish and soured cream.

Chicken and mayo tortilla wrap (H) £4.50

Crispy fried spicy chicken in a tortilla wrap served with a salad garnish.

Salads

Classic Caesar salad (V) £3.95

Crisp Romaine lettuce, parmesan cheese, chunky croutons, boiled egg and creamy Caesar dressing.

add fresh salmon £5.95

add Cajun spiced chicken breast (H) £5.50

Salmon nicoise salad (GF) £6.50

Fresh fillet of salmon on a mix of cherry tomatoes, bell pepper, sliced cucumber, fine beans, red onion, olives, capers, kalamata olives, baby potatoes, boiled egg and homemade vinaigrette.

Greek salad and houmous (V) £5.95

Fresh leaves with cherry tomatoes, sliced cucumber, bell peppers, red onion, diced feta cheese, kalamata olives and vinaigrette. Served with homemade Houmous and Pitta bread.

Oriental seafood salad (GF) £6.50

Crisp chicory leaves with chilli, bean sprouts, pickled ginger, spring onion, crab meat and garlic prawns bound with wasabi mayonnaise, drizzled with a mandarin orange, sesame and soy dressing.

Tricolore salad (V) £4.50

Bocconcini Mozzarella cheese, cherry tomatoes, baby basil, fresh leaves, garlic and herb dough balls and pesto parmesan dressing.

Peppered smoked mackerel salad £5.95

Peppered smoked mackerel on three bean salad, cherry tomatoes, chunky croutons, green beans and mixed leaves with balsamic glaze. Served with a light olive oil and lemon dressing.

Desserts

Belgian waffle £3.50

Served with chocolate sauce and vanilla ice cream.

White chocolate chip cookie dough £3.50 Served with vanilla ice cream and chocolate sauce.

Ice cream £2.50

Two scoops of vanilla ice cream.



